



Battle Name: _____ Start Date: _____

Battle Verses: _____

Battle objective:

Results:

Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Average
							total / #days:

What breakthroughs did I experience in this area?

What good things can I keep doing?

What parts of this area do I still need to overcome?

What is triggering temptation for me in these areas?

What can I do differently from now on?
